

“This is my home because I choose to be here, I am comfortable, and the girls are great who take care of me. My favorite thing is that I love not having to cook.”

- Marion

“I’ve lived here more than three years, and I like it so much. I had lived alone and thought it would be wonderful to have people help me out for a change. I was pretty much alone until I came here and made friends.”

- Eunice

“My doctors didn’t think that I should live alone anymore, so I came here. Now that I’m here, they take such good care of me. I am so grateful.”

- Iren

“I’ve been here for three years and I like it very much. Jean (the owner) is fantastic. My daughters found this place and loved it right away! I thank God every day for my family. My room is perfect sized for my needs; everything is within arm’s reach. I am very comfortable- this is my home away from home.”

- Betty



Lantern of Madison

2041 Hubbard Road
Madison, Ohio 44057

Tel: 440-428-2664

www.lanternofmadison.com

 www.facebook.com/lanternofmadison

Lantern of Chagrin Valley

5277 Chillicothe Road
Chagrin Falls, Ohio 44022

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Lantern of Saybrook

3720 North Ridge Road West
Saybrook, Ohio 44004

Tel: 440-261-3100

www.lanternofsaybrook.com

 www.facebook.com/lanternofsaybrook

www.lanternlifestyle.com

www.svayus.com



*An exclusive lifestyle
community for seniors*

**A Unique State-Of-The-Art
Assisted Living and
Memory Care Community**

Our CORE Focus

- D – Disturb the normal
- I – Innovation
- S – Sticky stories
- R – Resourceful
- U – Unexpected service
- P – Proficient
- T – Trust

Our CORE Values

- Passionate about OUR care and services
- "Whatever it takes attitude"!
- Honesty and integrity
- We are the experts – cutting edge knowledge maintain accountability
- Encourage our resident's ability and creativity

Our mission is to facilitate healthy living

We strive to provide superior services consistent with the needs of the elderly, offer an environment that will support their personal needs and create an atmosphere that will stimulate creativity and enhance performance to their maximum potential. We are committed to provide a desired place that will physically, mentally and emotionally satisfy the seniors.



How We're Different

Lantern differentiates itself and stands apart from other facilities because of its uniqueness in its offering. Two offerings, "JIVE" and "SVAYUS," are the centerfold of its operation. They are designed to facilitate and promote healthy aging, the programs focusing on therapeutic activities and exercises to facilitate highest level of independence.

The objective is to enable our clients to live a life that is FULFILLING. Science has proven over again that activity to the brain, mind and body facilitates and promotes a healthy aging process. We are committed to provide a safe and comfortable environment that fosters fun and healthy living. "Home, where the right to good quality of living is every human's birthright."

SVAYUS

If you are seeking to engage with your parents or loved one, we have an award winning therapeutic care program called SVAYUS - a time capsule designed to cue and retrieve memories to enable our clients to live a life that is cheerful and brimming with happiness and vigor. SVAYUS is more than just a program: it is a lifestyle that promotes positive interactions and direct contact with a simulated nature to increase mental health, and psychological and spiritual development.

SVAYUS is an exclusive function relevant therapeutic care memory model based on the theories of perception in action, retro genesis, progressive lowered stress threshold, person environment occupation (PEO), basic ability to function (BATF), sensory, motor, procedural habituation (SMPH) and Neuroplasticity. The objective of SVAYUS is to enable our clients to function at their best ability.

JIVE – JOURNEY IN VITALITY AND ENDURANCE

Our JIVE program motivates and encourages our elderly clients to engage, interact, socialize, move, learn, strengthen and facilitate independence. Vibrant and high energy music is the substratum of the JIVE program. Our elderly clients are inspired and persuaded to participate without them realizing that they are actually exercising.

JIVE focuses on fun activities such as baseball, corn hole, kickball, simple range of motion and much more. The core objective of "JIVE" is to enable our elderly clients live a life that is filled with quality and dignity – a life that is fulfilling.

Welcome to

Lantern of Saybrook

Every one of us begins to age the day we are born. Aging is unavoidable; however, certain facets of aging may be negotiated or delayed by engaging in a lifestyle that stimulates and facilitates healthy aging. We believe that age shouldn't stop one from enjoying and living one's life to their fullest. Old age should never prevent us from living our life the way we always did. Everything we do at the Lantern revolves around our client's needs and their preferences. We try to care and serve the way they desire and prefer. Jean Makesh

Thank you for choosing



“Memories of yesterday to function today”

Our Vision

Lantern believes in creating a world where memories are treasured, relationships are cherished and our elderly revered. Our deep-seated conviction is innovation and challenging the status quo. We challenge the status quo by creating a therapeutic care environment that not only nurtures and absolute well-being but also stimulate lost memories. If one is seeking to engage with their loved one, Lantern developed an award winning cognitive therapeutic program called “Svayus” – A time capsule designed to cue and retrieve memories to enable elderly to live a life that is cheerful, brimming with happiness and vigor. Lantern believes that people are not with us to quietly fade from society but come to us to live a dignified life. The human spirit glows until the last breath is taken. The elderly clients are Lantern’s number one priority. Everything that is possible is done to ensure they are safe, healthy and well cared for.

Our Mission

Our mission at the Lantern is to facilitate healthy living. Provide superior services consistent with the needs of the elderly, offer an environment that will support their personal needs and create an atmosphere that will stimulate creativity and enhance performance to their maximum potential. The staff at the Lantern is committed to provide a desired place that will physically, mentally, and emotionally satisfy the seniors. Our unique state of the art “Fountain of Life” program is designed to provide a dignified lifestyle to the seniors.

Our Culture



Lantern Group

The Lantern Group is the expert in the field of senior care. Our five-year target is to grow and evolve Svayus as the standard of care in the US and around the world. Lantern partners with various universities to research and publish papers related to senior care and Alzheimer care. Lantern's five-year goal is to develop an effective treatment methodology and techniques to treat individuals with Alzheimer disease and certain forms of Dementia.

Lantern focuses on providing our elderly with a dignified and fulfilling life through a very highly specialized approach called personality centered rehabilitative care. This care is extremely unique and is only available at the Lantern communities.

The Lantern Group is a premiere brand in the assisted living and memory care space. The state-of-the-art design and the cutting-edge treatment program for the elderly has positioned the Lantern Group as the next generation assisted living and memory care program. The Fountain of Life program – SVAYUS and JIVE are the only treatment care programs in the world.



Welcome!

I would like to personally welcome you to The Lantern of Saybrook. As we continue to grow, we strive to provide an adaptable, motivated, and responsive approach to our New Residents, Current Residents, and your Friends & Family we serve. We are excited to have you be a new member of our community!

You will be welcomed in by Natalie Hanson, our Svayus & Activities Coordinator. On your first day, I will introduce you to Sarah our Director of Nursing and the rest of the staff to get you oriented to our community and team. You will also need to spend some time with Joanna or another Marketing & Admissions personnel to fill out the necessary paperwork for admission if this has not already been completed previously. Please look over the enclosed Resident Rights Handbook and become familiar to it. Our staff can answer any you may have when you meet with them along the way.

We are continuously transforming the way we operate to continuously improve our ability to assist you with whatever needs you may have. We are immensely proud of where we are today and excited about where we are headed in the future.

We are confident that you will be happy with your choice in The Lantern Group. Please do not hesitate to stop by my office if I can be of any service to you, either now or after you begin your residency. We look forward to seeing you on your first day!

Take Care,

Kerry Urbano
Director of Care & Operations
Lantern of Saybrook
3720 N Ridge Rd W
Ashtabula, OH 44004
P: 440-261-3100
C: 440-983-7748
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About Lantern of Saybrook

Lantern of Saybrook has a total of 67 units. There is a total of 44 assisted living units and 43 memory care units. The community was constructed in 2016. It accepted its first resident in May 2016. Lantern of Saybrook is a premiere lifestyle community located in Ashtabula County, Ohio. It is state of the art and currently serves consumers from all over the country.

Department Managers

Director of Care and Operations
Director of Nursing
Director of Sales & Marketing
Dietary Manager
Svayus Coordinator
Director of Maintenance
Team Lead

Kerry Urbano
Sarah Carothers
Joanna Timonere
Jennifer Ransom
Natalie Hanson
Jim Holcknecht
Santina Graceffo



To serve and care for your need is our habit. We want you to have your best days of your life at our community.

Kerry Urbano kurbano@lanternofsaybrook.com	Director of Care and Operations	Ext. 20111
Sarah Carothers Scarothers@lanternofsaybrook.com	Director of Nursing	Ext 20110
Joanna Timonere Jtimonere@lanternofsaybrook.com	Public Relations & Community Liaison	Ext 20187
Jennifer Ransom Jransom@lanternofsaybrook.com	Dietary Manager	Ext 20202
Jim Holcknecht Jholcknecht@lanternofsaybrook.com	Maintenance	Ext 20188
Natalie Hanson Nhanson@lanternofsaybrook.com	Svayus Coordinator	Ext 20194
Santina Graceffo	Team Lead	Ext 20204



Admissions Paperwork

Your assistance and partnership are crucial and vital to deliver care for you. All admission related documents must be completed prior to admission. This enables us to make the resources available to provide care to your comfort and satisfaction. Thank you in advance for all your help!

Care Conferences

In an effort to provide you with updates of care and services and to answer any questions you may have; we hold a quarterly family conference. We discuss therapy outcomes, questions related to medications, or any care and residence related services. Meetings are led by your Director of Nursing, Sarah Carothers. Other staff members such as the nurse, caregiver or therapist may be included. We encourage any loved ones, extended family members or other support systems to attend as well. Care Conferences via Skype or over the phone are available to anyone who is unable to attend.

Assessment

Upon admission, the charge nurse and other department heads will complete all Ohio Department of Health required assessments. The assessments include but not limited to checking your weight, vital signs and other care and service-related assessments. Certain assessments must be completed on the same day of admission and some within 24-48hrs upon admission. In addition to the state required assessments, Lantern also completes assessments related to the JIVE and the SVAYUS program. The assessments provide us information regarding your overall health and well-being.

Our dietician requires that your weight be taken on the first day of arrival at our community to establish a baseline. The caregivers will assist with obtaining your weight.

If you have any questions about your diet or other related concerns, please do not hesitate to contact Jennifer Ransom, our Dietary Manager.

Internet

We offer complimentary wireless internet connection (Wi-Fi) throughout our community.

The community wireless connection is called: _____

The Password is: _____

If you have any questions or troubles, please feel free to contact the front reception desk by calling (440)261-3100

If you would like to e-mail our Director of Care and Operations, Kerry, please e-mail her at Kurbano@lanternofsaybrook.com

Telephone

Telephone service is provided in each room for an additional charge. To call out, you must dial "9" prior to entering the telephone number. If you have any questions or concerns, please request assistance from our maintenance director, Jim Holcknecht,

Laundry

We will be happy and glad to do your laundry! Laundry is done weekly. You will be assigned a laundry day by the laundry staff. The laundry must be placed in the laundry basket in your suite. There is no need to label clothing; everyone's laundry is done individually.

Housekeeping

Housekeeping services will be provided weekly. You will be assigned a housekeeping day by the housekeeping staff. We are happy to tidy up your home and make your bed every day! Trash is picked up once daily by the caregiving staff.

Transportation

Weather permitting, we do provide transportation for physician appointments every Tuesday. Transportation appointments must be made with the staff at the front desk. Transportation within a certain mile radius is complimentary; however, there will be a

Fee for transportations provided outside a certain mile radius. For details, please contact the front desk.

Beauty Salon

Lantern of Saybrook has partnered with Jenniffer & Company from Mentor, Ohio to provide salon services. The services and charges are as follows-

Haircut Women (includes set)	\$40.00
Haircut Men	\$25.00
Style/Roller Set	\$25 and up
Perm (includes cut and set)	\$90.00
Highlight (includes cut and set)	\$85
Additional Highlight Color	\$15
Beard Trim	\$10

Physicians

Our physicians will follow the orders that they receive from your attending physician from the hospital or your primary care physician. We will strive to collaborate with your physician or surgeon to ensure that your continuity of care is achieved.

Please be aware that your physicians are always more than welcome to manage your care in our community. Please have them contact us if they wish to do so!

Therapy Services

Lantern of Saybrook offers all three disciplines of therapy provided through Legacy Healthcare Group:

Physical
Occupational
Speech

Meals

At Lantern of Saybrook, the chef/ cook and the aides take pride in preparing mouth savory meals. Their objective is to ensure that you have a pleasurable and a delightful dining experience.

The menus for the day are posted in various spots throughout the community. If you do not prefer what is on the menu, please select from the "Alternate menu". You can communicate your preference to your caregiver, nurse, or any staff.

If your loved ones would like to join you for breakfast, lunch, or dinner, we would love to host them. There is a charge for guest meals. The staff at the front desk will be delighted to assist you.

Breakfast is served between 8:00AM- 9:00 AM

Lunch is served between 12:00PM-1:00PM

Dinner is served between 5:00PM-6:00PM

Snacks is available at the bistro 24/7

We hope you enjoy your dining experience at Lantern of Saybrook as much as we do!!

Jennifer Ransom
Dietary Manager

The Lantern Alternate Menu



Sandwiches *all served with pickles and chips

Grilled Cheese Sandwich

Deli Roasted Turkey Sandwich

Tuna Salad or Egg Salad Sandwich

Lantern Burger with or without cheese



Homemade Soups *Served with Crackers

Tomato, Chicken Noodle or Vegetable

Sides- Cottage Cheese, Apple Sauce, Yogurt or Fruit



Salads- Chef's or Garden Salad with Choice of Dressing Ranch, Italian, French,

Poppy-seed or Honey Mustard



The Lantern Breakfast Menu



Eggs- Scrambled, Over Easy, Over Medium, Fried, Sunny Side Up or Cheese Omelet

Bacon

Sausage



Toast- White, Wheat or Rye

French Toast

Waffles

Pancakes

Oatmeal & Assorted Dry Cereal

Yogurt

Fruit

Medications

The Federal Regulatory Standards states that the medications should not be ordered from the pharmacy until you arrive in our community. Therefore, it may take some time for the pharmacy to deliver the medications. Our commitment to you is that we will get the medications from the pharmacy as quickly as possible. The medications are ordered per your physician's orders.

Any specialty eye drops, inhalers, cancer medications that you bring must have physician orders and must be checked with your charge nurse. If you have any questions at all, please do not hesitate to ask!!

Sarah Carothers
Director of Nursing

Activities

We offer a variety of Activities offered at Lantern of Saybrook! Please see the Activities Calendar for details. The daily activity schedule is also displayed in a designated common area. If you would like a copy of the monthly calendar, please make your request known to the activity personnel or any staff at the Lantern. The activities department has a lot of fun filled exciting activities scheduled Monday thru Saturday. The activities also include outdoor trips such as shopping, fishing, games, entertainment and many more. The outdoor activities are always weather permitting. If you wish to join us, we would be delighted to have you. If you need assistance with mobility, please inform the activity staff or any staff.

If you wish to have your newspaper delivered to your doorstep, feel free to contact the papers and let the Activities Department know when it will start arriving. We will deliver it to your door!

WELCOME TO YOUR HOME! WE ARE THRILLED YOU CHOSE US!

Service Comparison

Client Care Needs	Lantern	Other Community	Other Community
Highly-skilled staff specialized in elderly, Alzheimer's and Dementia care.	Yes		
Physician Medical Director oversight	Yes		
Caregivers and Swayus counsellors are continuously trained in the latest techniques to deal with the challenges of caring for the elderly and those with memory impairments	Yes		
Medications administered only by licensed nurses	Yes		
Unique brain power program with exercises and activities to slow the progression of Dementia's and to minimize the manifestation of the symptoms	Yes		
Nationally, regionally and locally recognized in the area of teaching and innovative programs	Yes		
Quality pledge offering reimbursement if not satisfied (within 60 days) that the highest level of care has been provided	Yes		
Outcomes of important clinical results (injury rates, medication levels, transfers to hospital, etc.) are tracked to demonstrate effectiveness and inform future approach to care	Yes		
Emphasis on appropriate medication reduction to promote physical activity and engagement	Yes		
Dysfunctional behaviors: non-pharmacological and pharmacological interventions, reducing psychotropic drugs	Yes		
Counselling services by licensed Psychologists	Yes		
In house physical, occupational and speech therapies	Yes		
Wellness checks: Every 15 minutes in the memory care neighborhood Every 60 minutes in the assisted living neighborhood	Yes		
SVAYUS program, the only personality centric rehabilitation program to treat Alzheimer's disease and some forms of dementia. Primary focus: optimizing functional independence in activities of daily living (ADLs)	Yes		

Client Care Needs	Lantern	Other Community	Other Community
Initial and ongoing assessments of cognitive and functional abilities	Yes		
Continuum of care services, including companion and hospice care by interdisciplinary teams, to allow clients to age in-place and reduce traumatic changes in surroundings	Yes		
JIVE program- Journey in vitality and endurance focused on maintaining residents' physical, mental, social and emotional wellbeing through engagement and participation	Yes		
Large, open, indoor landscaped environment with secure perimeter for safety, allowing freedom for movement and physical activity (not a lockdown unit)	Yes		
Pendants, pagers and response time of less than 5 minutes	Yes		
Video surveillance for added security	Yes		
Biophilic space	Yes		
Aroma Therapy	Yes		
Music Therapy	Yes		
Library – Family-friendly, intergenerational environment	Yes		
Movie Theater	Yes		
Gift Shop	Yes		
Pets encouraged to move-in with residents	Yes		
Resident Council: held once a month for residents to voice concerns, changes they would like to see made, activity suggestions, meal suggestions, etc.	Yes		
Restaurant quality meals and nutritious snacks available throughout the day	Yes		
Coffee Shop and Bistro – snacks and juices made available 24/7	Yes		

Client Care Needs	Lantern	Other Community	Other Community
Bi-monthly Masseur services	Yes		
Dehydration Program – beverage services offered twice daily to combat dehydration	Yes		
Partners with key educational and research hospitals and teaching institutions committed to innovations and advances in elderly and memory care	Yes		
Four levels of care to enable our elderly age in place	Yes		
Quarterly family care conferences	Yes		
Annual satisfaction surveys to continuously improve services and staff engagement	Yes		
Hospitality Suite for families	Yes		
Family Night: held monthly for families and friends to come enjoy a fun evening of food and games with their loved one	Yes		
Staffing	Lantern	Other Community	Other Community
24-hour licensed nurses on-site	Yes		
Staff who have dedicated roles and responsibilities <ul style="list-style-type: none"> • Nursing • Caregivers • Swayus counsellor • Culinary staff • Housekeeping • Maintenance 	Yes		
Qualified staff vetted with criminal background checks as well as screenings for integrity and substance abuse	Yes		

Saybrook



